The Rights of LGBTQ, Nonbinary, or Gender-Nonconforming Students

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Discrimination against LGBTQ people is illegal. Courts have increasingly recognized the rights of students who identify as gay or transgender, as well as students who are nonbinary or gender-nonconforming (sometimes referred to as “gender-expansive”). Students who are LGBTQ or gender-expansive have the right to be their full, authentic selves and to be free from any bullying, stigma, or harassment in school. Under the law, schools have a duty to intervene and correct policies or practices that discriminate against students based on sexual orientation, gender identity, or gender expression.

DISCRIMINATION IS AGAINST THE LAW

The U.S. Supreme Court and many federal courts have consistently affirmed that discrimination on the basis of sexual orientation, transgender status, gender identity, or gender expression is unlawful discrimination “on the basis of sex.”

Terms to Know

LGBTQ is an acronym that stands for lesbian, gay, bisexual, transgender, and queer.

Sexual orientation refers to a person’s physical or emotional attraction to another person. People may define their sexual orientation as lesbian, gay, bisexual, pansexual, asexual, queer, straight, or another term.

Gender identity refers to a person’s self-conception or deeply felt understanding of their gender, such as male, female, genderqueer, nonbinary. Gender identity may vary over time. A student’s gender identity may or may not align with their chromosomes, genitalia, hormone levels, or other biological indicators of sex other than gender identity.

Gender expression refers to the ways a person outwardly displays their gender identity and how society perceives those markers as masculine, feminine, or androgynous — for example, haircuts, clothing, accessories, mannerisms, etc.

Cisgender refers to people who feel their gender identity matches the gender they were assigned at birth.

Transgender refers to many different kinds of people who do not identify with their expected gender role or whose gender identity does not match some or all of their biological indicators of sex other than their gender identity. A student who identifies as transgender may identify as a male, female, nonbinary, genderqueer, or some other term.

Gender-nonconforming (GNC) or Gender-expansive refers to people whose gender expression does not conform to society’s expectations for people of a given gender or does not conform to expectations based on assigned gender.

Nonbinary is an umbrella term for people who identify as a gender that is neither entirely man nor entirely woman. Some people may use the term “genderqueer.”

For more information, see: www.translanguageprimer.com
Rights has made clear that it will enforce Title IX in the same way. Pennsylvania does not have a statute expressly prohibiting discrimination against LGBTQ people, but the Pennsylvania Human Relations Commission recognizes discrimination based on sexual orientation or gender identity/expression as sex discrimination.

THE RIGHT TO BE OUT

You have the right to be open about your sexual orientation and the right to express your transitioned gender. Your school cannot tell you to be silent about your sexual orientation or punish you for wearing LGBTQ-affirming clothing or accessories so long as you follow dress rules that apply to all students.

THE RIGHT TO PRIVACY

Your school cannot “out” you to anyone without your permission. The federal Family Educational Rights and Privacy Act (FERPA) forbids schools from disclosing a student’s private information, including medical information regarding a student’s gender assigned at birth, absent permission from the student or guardian.

THE RIGHT TO PARTICIPATE IN SCHOOL ACTIVITIES AND SPORTS

You have the right to form and meet as a Gender Sexuality Alliance (GSA) at school if other non-academic clubs are allowed to meet at school. Your school cannot stop you from going to prom or another school activity with your date just because your date is the same gender as you.

You have the right to participate in a sports program consistent with your gender identity; to deny students this right is discrimination on the basis of sex and gender identity. However, in recent years, anti-LGBTQ activists across the country, including in Pennsylvania, have introduced dozens of bills or school policies to prohibit trans students from participating in school sports on the teams that align with their gender identity. These discriminatory policies have been successfully challenged in court. In Pennsylvania, the General Assembly passed a bill in July 2022 that would ban transgender students from participating in school sports aligned with their gender identity, but Gov. Wolf vetoed it, so that is not the law. If your school limits the way transgender students can play sports, contact the Education Law Center and ACLU-PA. Learn more about efforts to challenge these policies on ELC’s webpage: Advocating for Inclusive Schools and Honest Education.

ACCESS TO FACILITIES

School districts cannot discriminate against transgender and nonbinary students by requiring them to use a bathroom or locker room that does not match their gender identity. Schools may provide a gender-neutral/all-genders bathroom option for students who identify as nonbinary or gender-expansive and others who may feel safer using that option but cannot require students to use only gender-neutral facilities.

THE RIGHT TO AFFIRMING NAME AND GENDER IDENTITY IN SCHOOL INTERACTIONS

If a student who is transgender, gender-nonconforming, or nonbinary identifies a chosen name and pronouns, school staff must use that name and pronoun for all interactions, written, digital and verbal, except where required by law to use a child’s legal name (i.e., official school record, but daily roll call and display name on Google Classroom should use chosen name). Purposefully and persistently misgendering a student can be harassment or discrimination.
EXPRESSING YOUR GENDER IDENTITY

Your school cannot discipline you for expressing your gender identity.\(^\text{18}\) Your school should not stop transgender, nonbinary, or gender-nonconforming students from wearing clothes that they let cisgender students wear. This area of case law is underdeveloped, but there are strong arguments that gendered dress codes constitute illegal sex discrimination.\(^\text{19}\)

INTERACTING WITH SCHOOL POLICE OR SCHOOL RESOURCE OFFICERS

Police have historically targeted LGBTQ and nonbinary people – and those who identify as Black or Brown in particular – for disproportionate stops, searches, and harassment. This is discrimination and should not be happening in schools. School police officers cannot search you or your bag without a reasonable suspicion of wrongdoing.\(^\text{20}\) They cannot search you just because of your sexual orientation, gender identity/expression, or race.

You should email or write a complaint to your principal and your city’s police review board if a school police or resource officer is inappropriate with you. In the School District of Philadelphia, you can submit an anonymous complaint online.

THE RIGHT TO BE SAFE AT SCHOOL

You have the same right to be safe in school as every other student. Unfortunately, LGBTQ students – and LGBTQ students of color in particular – are disproportionately subjected to bullying and harassment, with insufficient intervention by school staff. Behavior may qualify as harassment if the offensive conduct relates to gender, sex, sexual orientation, gender identity or expression, race, color, national origin/ethnicity, age, disability, or religion. Your school’s actions may qualify as discrimination if a school staff member is treating you badly because of your sexual orientation, gender identity or expression, or another student is treating you badly because of your sexual orientation, gender identity, or gender expression, and your school does nothing to stop it.\(^\text{21}\)

Your school has an affirmative duty to address harassment against LGBTQ students the same way it would address harassment against any other student. In addition, Title IX prohibits your school from ignoring harassment based on gender stereotyping.\(^\text{22}\)

If you are being bullied or harassed, follow ELC’s complaint form checklist for tips about recording and reporting incidents, and see our full guide for more info: What Can I Do If My Child Is Bullied or Harassed? A Parent’s Guide to Advocacy in Pennsylvania Public Schools.

Consider using this reporting tool if your school does not have its own reporting form: Request for Bullying/Harassment Investigation.


4 See *Richards v. Thurston*, 424 F.2d 1281, 1285 (1st Cir. 1970) (protecting a male student’s right to wear their hair as they wish).

5 See *Tinker v. Des Moines Ind. Comm. Sch. Dist.*, 393 U.S. 503 (1969) (student may not be punished for expressing views unless the school has reason to believe the speech or expression will “materially and substantially disrupt the work and discipline of the school”); *Gillman v. School Board for Holmes County, Florida*, 567 F. Supp. 2d 1359 (N.D. Fla. 2008) (a school district’s censorship of T-shirts advocating fair treatment for LGBT people was unconstitutional).

6 *Sterling v. Borough of Minersville*, 232 F.3d 190 (3d Cir. 2000) (police officer’s threat to out a youth arrestee as gay to the teen’s grandfather violated the teen’s constitutional right to privacy).


8 See e.g., *Strights & Gays for Equality v. Osseo Area Sch. Dist. No. 279*, 540 F.3d 911 (8th Cir. 2008) (Equal Access Act prohibited school from denying non-curricular gay equality group meeting when other noncurricular groups can meet).

9 *Aaron Fricke v. Richard B. Lynch*, 491 F.Supp. 381 (D.R.I. 1980) (school violated male gay student’s First Amendment rights when they tried to prevent the student attending prom with his male date).

10 See *Soule by Stanescu v. Connecticut Association of Schools, Inc.*, No. 3:20-cv-00201, 2021 WL 1617206 at *10 (D. Conn. Apr. 25, 2021) (“Courts across the country have consistently held that Title IX requires schools to treat transgender students consistent with their gender identity. Every Court of Appeals to consider the issue has so held.”).

11 See Legislation Affecting LGBTQ Rights Across the Country, ACLU, https://www.aclu.org/legislation-affecting-lgbtq-rights-across-country. In July 2022, Hempfield School District became the first in Pennsylvania to pass a transphobic policy to prevent transgender students from equitable participation in school sports. See ELC’s *Open Letter* to the board of the Hempfield School District advocating against this policy, and learn more on our webpage, Advocating for Inclusive Schools and Honest Education.


14 See *Grimm v. Gloucester County School Board*, 972 F.3d 586 (4th Cir. 2020), cert denied, 141 S.Ct. 2878 (2021) (District Court and Fourth Circuit held that school violated Title IX and Equal Protection Clause when they prohibited Grimm from using the same restrooms as other boys and forced him to use separate restrooms because of his transgender identity; US Supreme Court denied cert); *Adams*, 2021 WL 2944396; *Whitaker By Whitaker v. Kenosha Unified Sch. Dist. No. 1 Bd. Of Educ.*, 858 F.3d 1034, 1055 (7th Cir. 2017) (transgender student denied access to facilities that matched their gender identity was likely to succeed as claim of sex discrimination under Title IX);


16 The same analysis protecting students from discrimination in restroom use also applies to students’ rights to have their gender affirmed in how they are addressed at school. See Adams, 2020 WL 4561817. See 20 U.S.C.A. § 1232g (FERPA forbids schools from disclosing a student’s private information). FERPA requires parental consent to a change in the official school record of a student. See U.S. Dep’t. of Educ., Family Educational Rights and Privacy Act: Guidance for Parents (Feb. 2011) (describing the rights of parents/guardians and students under FERPA).

17 See Davis Next Friend LaShonda D. v. Monroe Cty. Bd. of Educ., 526 U.S. 629, 633 (1999) (recognizing claims of indirect discrimination under Title IX where school had actual notice of harassment between students but failed to address it); Whitaker By Whitaker, 858 F.3d 1034 (applying Title IX to discrimination based on transgender status).

18 See Tinker, 393 U.S. 503; Gillman, 567 F. Supp. 2d 1359.


20 New Jersey v. T.L.O., 469 U.S. 325 (1985) (search of student generally permissible if there are reasonable grounds for suspecting the search will turn up evidence that student is violating the law or school rules and the search is no more intrusive than necessary).

21 See e.g., Davis Next Friend LaShonda D., 526 U.S. at 633.