

SAFETY PLAN OPTIONS

Items to Consider Adding to a Safety Plan or Special Education Plan to Address Bullying or Harassment

THINGS THE SCHOOL CAN DO

- Agree to immediately tell you when your child is bullied or harassed
- Pick a specific person at the school who will call you regularly to update you about how the safety plan is working.
 - The plan should be specific about:
 - how often the call should happen,
 - at what time, and
 - whether the school should call you or you should call the school.
- Pick a specific person to check in with your child at the end of every day so that your child has the opportunity to report any bullying or harassment
 - The person should be someone your child feels comfortable with
 - It should be the responsibility of the person to check in with your child, not your child's responsibility to find them
 - They should meet somewhere privately
 - The school should pick a backup person to check in with your child when the other person is out.
- Change the location of your child's locker to be farther away from their bullies or harassers
- Change your child's class seat or the seat of the bully
- Tell all of your child's teachers and all school staff supervising times when your child and their bully could see each other (such as lunchtime, recess, hallways, school arrival/dismissal) about the safety plan.
- Remind all teachers, administrators, and staff of their duty to report any bullying or harassment they see.
- Increase supervision at:
 - School arrival and departure
 - recess
 - lunch
 - gym
 - bathrooms
 - locker rooms
 - Other points where the bully and your child come into contact, including: _____
- Change the bully's schedule or your child's schedule so that they will not have to be near each other during:
 - School arrival and departure
 - Transportation to and from school
 - Class
 - Recess
 - Lunch
 - Gym
 - Afterschool activities and/or extracurriculars
 - Other points where the bully and your child come into contact, including: _____

SAFETY PLAN OPTIONS

- Change the bully's or your child's bus route
 - If that is not possible, the bus driver should be told about the bullying and told to step in if your child is bullied or harassed
- Give your child access to a bathroom or changing area where they will not have to see their bully, or have the bully use a separate bathroom or changing area
- Transfer the bully or your child to a different school within the district
- Assign your child student buddies, who will be with your child when they could come in contact with the bully, such as during lunch, recess, and when my child has to use the bathroom.
 - The student buddies should be students whom your child feels comfortable with and who agree to be your child's buddy.
- Assign an adult escort to the bully, who will be with the bully as they walk from class to class. The bully should be told not to leave class until their adult escort is there.
- Tell the bully not to contact your child in any way — including in person, over social media, or through other students
- Train staff and teachers how to better respond to bullying or harassment when it happens
- Bring in a cultural competency training for all students so they learn to be more welcoming and accepting of students like my child

THINGS YOUR CHILD CAN DO

- Agree to go to a specific person during the day if they start to get upset or overwhelmed.
 - The person should be someone your child feels comfortable with.
 - Your child should have permission to leave class if necessary to seek this support.
- Agree to talk with the counselor or another adult they trust to figure out which students who they feel safe with and serve as student buddies.
- If your child has trouble reporting when they are bullied or harassed, your child could agree to work on their self-advocacy skills.
 - You should ask if your school has a program that helps students with self-advocacy.
 - If your student has a disability or you think they could have a disability, you can ask for a Functional Behavioral Assessment to help with their ability to report bullying and harassment

THINGS YOU CAN DO

- Agree to report any bullying or harassment to the school.
 - If you have had trouble getting in touch with administrators before, you can ask that the school pick a specific person you should report incidents to.